Updates in Urology for the Primary Care Practice

FEBRUARY 24-25, 2023

at the

Hilton Virginia Beach Oceanfront Hotel 3001 Atlantic Avenue Virginia Beach, VA 23451



8 AMA PRA Category 1 Credits™

PROVIDED BY Eastern Virginia Medical School Continuing Medical Education and Urology of Virginia

Urologu of Virginia



TARGET AUDIENCE

Primary care physicians, urologists, internists, urogynecologists, ER physicians, gynecologists, physician assistants, nurse practitioners, residents, other interested specialties and allied health professionals.

PURPOSE

This course is designed to address current guidelines for a number of common urologic conditions as well as review evaluation and treatment options for common urologic disorders managed by primary care physicians.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and Urology of Virginia. Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

Eastern Virginia Medical School designates this live activity for a maximum of 8 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CANCELLATION POLICY

All cancellations must be made in writing prior to February 9, 2023 in order to receive a refund. A \$25.00 administrative service charge will be assessed on all cancellations. No refunds will be given after this date or for "no shows".

INFORMATION

For more information, contact the CME office at (757) 446-6140, e-mail at cme@evms.edu or visit our website at www.evms.edu/cmeregistration.

SPECIAL SERVICES

The Americans with Disabilities Act of 1990 requires that all individuals, regardless of the disability, have equal access. If special arrangements are required to attend this conference, contact the Continuing Medical Education office at (757) 446-6140.

HOTEL ACCOMMODATIONS

The Hilton Virginia Beach Oceanfront features 289 luxurious, state-of-the-art guest rooms and suites, with walkout balconies offering panoramic views of the Atlantic Ocean, coastline and surrounding landscape. Standard guest rooms feature an impressive collection of amenities highlighted by 32inch flat screen televisions. The rooftop, zero-edge pool boasts unparalleled views of the oceanfront, while the indoor family feature pool is ideal for both parents and children alike. The Hilton Virginia Beach Oceanfront is situated just 20 minutes from Norfolk International Airport and downtown Norfolk, 45 minutes from Colonial Williamsburg and Busch Gardens, and 5 minutes from the Virginia Aquarium and Marine Science Center.

A block of rooms has been reserved for Friday, February 24th at a group rate starting at \$129 per night plus taxes and fees. Please make reservations by calling (757) 213-3000 referencing the Urology for the PCP 2023. Group rates will be honored until January 22, 2023.

PARKING

Valet parking is complimentary for 'day only' symposium attendees. Self-parking is available for a fee as posted in the parking garage. Overnight guests may self-park for \$15/night or valet park for \$20/night. Prices are subject to change.



FRIDAY, FEBRUARY 24

12:30pm	REGISTRATION/VISIT EXHIBITORS	
1:00pm	INTRODUCTION Michael B. Williams, MD, MS	
1:05pm	TESTICULAR MASSES: IS IT CANCER OR BENIGN? Raman Unnikrishnan, MD	
1:25pm	ADRENAL MASSES: WHAT ENTAILS A NORMAL WORKUP? Douglas C. Kelly, MD	
1:45pm	PROSTATE CANCER SCREENING IN 2023: WHAT THE PCP SHOULD KNOW Tanner Miest, MD, PhD	
2:05pm	ACTIVE SURVEILLANCE IN PROSTATE CANCER: WHY WATCH? Michael Fabrizio, MD	
2:25pm	ANDROGEN DEPRIVATION THERAPY IN PROSTATE CANCER: MANY ADVERSE EFFECTS	
	Frances M. Martin, MD	
2:45pm	METASTATIC PROSTATE CANCER: THE SIDE EFFECTS TO MONITOR IN THE TREATMENT OF THIS CHRONIC DISEASE Michael B. Williams, MD, MS	
3:05pm	BREAK/VISIT EXHIBITORS	
3:25pm	BONE HEALTH: A CONVERSATION ON MEDICATIONS AND PHYSICAL THERAPY Heather Hamilton, PT, DPT and Michael B. Williams, MD, MS	
3:45pm	THE INCIDENTAL RENAL MASS: CANCER OR A SIMPLE CYST? Raman Unnikrishnan, MD	
4:05pm	LOCALLY ADVANCED KIDNEY CANCER: WHAT TO DO WITH THE CAVAL THROMBUS? Robert W. Given, MD	
4:25pm	HEMATURIA: WHEN TO BE CONCERNED? Frances M. Martin, MD	
4:45pm	NON-MUSCLE INVASIVE BLADDER CANCER: A LONG JOURNEY Tanner Miest, MD, PhD	
5:05pm	MUSCLE INVASIVE BLADDER CANCER: CASE PRESENTATION Tanner Miest, MD, PhD, Frances M. Martin, MD, Robert W. Given, MD, and Michael B. Williams, MD, MS	
5:25pm	LIFE AFTER A CYSTECTOMY: PATIENT AND ENTEROSTOMAL THERAPY RN PERSPECTIVE Kathy Merkh, MS, RN, CWON	
5:45pm	RECEPTION	

SATURDAY, FEBRUARY 25

7:00am	REGISTRATION/BREAKFAST/VISIT EXHIBITORS
8:00am	URINARY INCONTINENCE: STRESS, URGE OR BOTH?
	Jennifer Miles-Thomas, MD
8:20am	DEFINING A RECURRENT UTI: MANAGEMENT STRATEGIES Kristin Austria, NP-C
8:40am	BPH: PRIMARY MEDICAL MANAGEMENT AND WHEN TO DECIDE ON SURGERY Ilya Sobol, MD
9:00am	HYPOGONADISM: WHAT TO DO WITH THE MIDDLE-AGED MALE WITH FATIGUE Joshua P. Langston, MD
9:20am	KIDNEY STONES: IS THERE A MEDICAL MANAGEMENT? Kaitlan Cobb, MD
9:40am	ORCHALGIA: WHAT TO DO WITH THE YOUNG MALE WITH PAIN
10.00	Jason Joseph, MD
10:00am	BREAK/VISIT EXHIBITORS
10:20am	MALE URETHRAL STRICTURE: WHAT ARE THE OPTIONS? Kurt McCammon, MD
10:40am	ERECTILE DYSFUNCTION: WHAT'S NEW IN
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	Kurt McCammon, MD
11:00am	SEXUALLY TRANSMITTED DISEASES: A REGIONAL ISSUE Samay Sappal, MD
11:20am	MALE INFERTILITY: HOW IS THIS DIAGNOSED? Victor M. Brugh, III, MD
11:40am	UPDATE ON CLINICAL TRIALS WITHIN
	UROLOGY
	Michael B. Williams, MD, MS
12:00pm	WRAP-UP
12:10pm	ADJOURN

Faculty

KRISTIN AUSTRIA, NP-C Lead APP, Urology of Virginia

VICTOR M. BRUGH, III, MD Assistant Professor, Department of Urology Eastern Virginia Medical School Urologist, Urology of Virginia

> KAITLAN COBB, MD Instructor, Department of Urology Eastern Virginia Medial School Urologist, Urology of Virginia

MICHAEL FABRIZIO, MD Professor, Department of Urology Eastern Virginia Medical School Urologist, Urology of Virginia

ROBERT W. GIVEN, MD Ann and Paul F. Schellhammer, MD Professorship Professor, Department of Urology Eastern Virginia Medical School Urologic Oncologist, Urology of Virginia

> **HEATHER HAMILTON, PT, DPT** Physical Therapist, Urology of Virginia

JASON JOSEPH, MD Urologist, Urology of Virginia

DOUGLAS C. KELLY, MD Assistant Professor, Department of Urology Eastern Virginia Medical School Urologist, Urology of Virginia

JOSHUA P. LANGSTON, MD Instructor, Department of Urology Eastern Virginia Medical School Chief Medical Officer, Urology of Virginia Urologist, Urology of Virginia

FRANCES M. MARTIN, MD Urologic Oncologist, Urology of Virginia

KURT MCCAMMON, MD Devine Chair in Genitourinary Reconstructive Surgery Professor, Department of Urology Eastern Virginia Medical School Urologist, Urology of Virginia

> KATHY MERKH, MS, RN, CWON Certified Wound, Ostomy Nurse Nurse, Urology of Virginia

COURSE DIRECTOR

MICHAEL B. WILLIAMS, MD, MS

Associate Professor, Department of Urology Eastern Virginia Medical School Urologist, Urology of Virginia

> TANNER MIEST, MD, PHD Urologist, Urology of Virginia

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RAMAN UNNIKRISHNAN, MD Assistant Professor, Department of Urology Eastern Virginia Medical School Urologist, Urology of Virginia



UROLOGY UPDATES FOR THE PRIMARY CARE PRACTICE | FEBRUARY 24-25, 2023

NAME	

DEGREE

SOCIAL SECURITY NUMBER (Last 4 digits only)

MAILING ADDRESS

CITY / STATE / ZIP

PHONE

FAX

COURSE REGISTRATION FEE

- □ \$125.00 Physicians
- □ \$ 85.00 Allied Health Professionals /Other Health Professionals
- □ \$ 45.00 Residents
- □ \$ 25.00 Medical Students

MEALS

□ I have a dietary restriction. Please circle one: vegetarian, vegan, gluten free, other: _____

REGISTER ONLINE

Register online at www.evms.edu/cmeregistration. Visa, MasterCard or Discover only.

REGISTER BY MAIL

Mail your completed form and check payable to EVMS-CME to: 721 Fairfax Avenue, Andrews Hall #169, Norfolk, VA 23507.

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C	HECK #	AMOUNT OF CHECK
D.	ATE ENTERED	CONFIRMATION

E-MAIL ADDRESS (For Electronic Confirmation)